

List of Clinical trials Studies on Vomigone® (*Zingiber officinale*) to 1404.01.23

- 1- Foshati S., et al, The effect of ginger (*Zingiber officinale*) supplementation on clinical, biochemical, and anthropometric parameters in patients with multiple sclerosis: a double-blind randomized controlled trial, Food Funct., 2023, 14, 3701.
- 2- Aghamohammadi D., et al., Ginger (*Zingiber officinale*) and turmeric (*Curcuma longa L.*) supplementation effects on quality of life, body composition, bone mineral density and osteoporosis related biomarkers and micro-RNAs in women with postmenopausal osteoporosis: a study protocol for a randomized controlled clinical trial, J Complement Integr Med 2021; 18(1): 131–137.
- 3- Hajimoosayi F., et al., Effect of ginger on the blood glucose level of women with gestational diabetes mellitus (GDM) with impaired glucose tolerance test (GTT): a randomized double-blind placebo-controlled trial BMC Complementary Medicine and Therapies (2020) 20:116.
- 4- Shahraki M., et al., The Individual and Combined Effect of Intense Intermittent Exercise and Ginger Medicinal Plant on Cardiovascular Risk Factors in Middle-aged Athlete Men, Health Research Journal; 2020, Volume 5, Issue 2, pages 71-80.
- 5- Safa O., et al., Effects of Ginger on clinical manifestations and paraclinical features of patients with severe acute respiratory syndrome due to COVID-19: A structured summary of a study protocol for a randomized controlled trial, (2020) 21:841.
- 6- Nayeibifar Sh., et al, The Assessment of Changes in Liver Aminotransferases and Insulin Resistance Following 4 Weeks of High Intensity Interval Training and Ginger Supplementation in Active Middle-aged Men, 2019, JSUMS_ Volume 28_ Issue 1_ Pages 106-114.
- 7- Pakniat H., et al., The Effect of Ginger on Primary Dysmenorrhea in Students of Qazvin University of Medical Sciences, فصلنامه گیاهان دارویی، سال هجدهم، دوره چهارم، شماره مسلسل هفتاد و دوم، پاییز ۱۳۹۸
- 8- Zarrin R., et al., The effect of ginger powder supplementation on lipid profile in rheumatoid arthritis patients, Razi Journal of Medical Sciences, Jan-Feb 2017, Vol. 23, No. 152.
- 9- Nayeibifar Sh., et al, Changes in Blood Pressure, Body Composition, and Vo2max after 10 Weeks of High Intense Interval Training and Ginger Consumption in Overweight Women, Qom Univ Med Sci J 2017 August; 11 (6):19-27.
- 10- Kazemi T., et al, Effects of High Intensity Interval Training and Ginger on Cardiac Structural and Functional Adaptations, Iranian Journal of Endocrinology and Metabolism Vol 18 No.4 Oct-Nov 2016.
- 11- Esmail Afzalpour M., et al, Determination of Atherosclerosis markers changes after HIIT and ginger consumption in response to acute exercise in overweight women, Afzalpour et al. / Journal of Applied Pharmaceutical Science, 2016, 6 (07): 078-084.
- 12- Nayeibifar Sh., et al, The effect of a 10-week high-intensity interval training and ginger consumption on inflammatory indices contributing to atherosclerosis in overweight women, Journal of Research in Medical Sciences 2016.

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